

PARAMETERS

BODY WEIGHT
3-12 mths = 4 kg + mths/2
1-9 yo = (4kg + age) x 2
>9 yo = age x 3kg
UO > 1ml/kg/hr (2 in infants)

NEUTRAL AMBIENT T^oC
Prem -34
Term -32
Adult -28

SBP >1 yo = 90 + Age x 2 MAP Prem/Neonates ~ GA wks (+5)

SYSTOLIC BP	Normal	Lower Limit
0 - 1 months	> 60	50-60
1 - 12 months	> 75	60-70
1 - 10 years	90 + 2 x Age	70 + 2 x Age
> 10 years	120	90

INTUBATION

LARYNGOSCOPE BLADE

Weight
<1kg - Miller 0 blade; <2.5kg - Miller 0 blade; >2.5kg - Miller 1 blade
Equipment
- Previous airway history, Suction, Masks, Guedels, Tubes, LMAs, Laryngoscopes, ET CO₂
It is considered 'best practice' for two doctors to be present.
Drugs used are:
• Atropine 20 mcg/kg (max 600 mcg) (esp neonates, high spinal injury)
• Etomidate 0.3mg/kg iv, Ketamine 1-2mg/kg, Midazolam 0.1mg/kg
• Rocuronium 1mg/kg iv
Intubation conditions typically achieved within 60 seconds. In addition to the above or following intubation small doses of an opiate such as alfentanil (5-10micrograms/kg) may be used to provide additional analgesia

VENTILATION

HFOV set:

MAP 2-6 cm above MAP on conventional vent (usually 20-30cmH2O)
Freq. 5-10Hz; amplitude 'enough to make the chest wriggle'(usually 20-50).
"Oxygenation" related to FiO₂ and MAP
"Ventilation" related to freq. (in some instances inversely related-decreased freq. increased amplitude) and amplitude (VT)(related to power) and ETT / tubing diameter). Check ABG within 20 min. as CO₂ may drop precipitously. Check CXR within 4 hrs (overdistension)

VASCULAR LINES

CVC APPROXIMATE GUIDELINES

	Weight	CVC	R Jug/Sc	L Jug/SC	Femoral
<3 kg		4Fr 5cm	4cm	4Fr 8cm	4Fr 8cm
<10 kg	20	2.5	70-120	60-90	18-24
10-20 kg	25	6.0	16	2.5	60-90
20-30 kg	30	6.5	17	3	60-90
30-50 kg	40	7.5	19	4	60-100
>50 kg	70	8.0	21	5	65-100
Adult					70-110

High approach RIJV or RSCV lateral to midpoint of clavicle then: Height <100cm insert (Ht/10) - 1cm. >100cm insert (Ht/10) -2cm

	Weight	Vascath	Length	Art Vol	Ven Vol
<10kg		6.5 Fr	10 cm	0.75 ml	0.78 ml
<20kg			15	0.81	0.84
>20kg	8		10	0.80	0.82
			15	0.88	0.90
		11	15	1.05	1.1
			25	1.36	1.42

ARTERIAL LINES

Arch/ CoA surgery - R Radial OR Ulna > Axillary > Brachial > Temporal
BT shunt - avoid side of surgery if possible
CPB - avoid DP/PostTib if possible
Axillary - CAUTION Higher risk of cerebral embolisation with flushes
Brachial - use smaller gauge eg 24g in <5kg as low collateral supply

GLASGOW COMA

EYE	VERBAL	MOTOR
1. No Response	1. No Response	1. No Response
2. to Pain	2. Incomprehensible	2. Extn Arms (decrebrate)
3. to Command	3. Inappropriate	3. Flexion Arms (decor-tate rigidity)
4. Spontaneous	4. Confused	4. Withdrawal
	5. Orientated	5. Localises 6. Obeys
VERBAL < 23 mo	2-5 yo	<1 yo MOTOR
1. No response	1. No response	1. No response
2. Grunts	2. Extension (decrebrate)	2. Extension (decrebrate)
3. Persistent cries and/or screams	3. Cries +/or screams	3. Flexion-abnormal (decorticate rigidity)
4. Cries but consolable	5. Appropriate vocals	4. Flexion-withdrawal
5. Smiles, coos, cries appropriately		5. Localises pain
		6. Spontaneously moves

DIALYSIS

HAEMODIALYSIS

Weight	Initial	Target speeds	<10kg use blood prime as volume of circuit ~100ml NB: Storage lesion + Hyperkalaemia + Vascular mediator induced instability
<5kg	15ml/min	50ml/min	
<10kg	25ml/min	75ml/min	
<20kg	50ml/min	100ml/min	
<30kg	75ml/min	50ml/min	
>30kg	75-100	200ml/min	

PERITONEAL DIALYSIS

Ventilated - 10-20ml/kg/cycle (in & dwell 20 min, out 10 min). Normal - 10ml/kg/cycle (in 40min, out 20min).
- Cross-flow = 2 catheters
- Dexrose - 1.5% ISOTONIC - 4.25% HYPERTONIC.
- Additives: Heparin 200Units/L, Potassium prn 0-4mmol/L, 10mls 50% Dexrose increases concentration of 1L by 0.5%
- Bicarbonate PD (Na 140mmol/L, HCO₃ 40mmol/L, Dexrose 2.5%) Mix 500mL 0.9% NaCl + 500mL 5% Dexrose (remove 40mL and replace with 8.4% NaHCO₃ & 5ml 30% NaCl & Heparin 200U)

* may have to remove ETT connector

LARYNGEAL MASK AIRWAYS (unofficial)

Weight	Size	Inflation	ETT through LMA
<5kg	#1	2-5 ml	3.0 Uncuffed
5-10	#1.5	5-7 ml	3.5 Uncuffed
10-20	#2	7-10 ml	4.5 Uncuffed or *** Cuffed
15-30	#2.5	12-14 ml	5.0 Uncuffed or *** Cuffed
30-50	#3	15-20 ml	6.0 Cuffed
50-70	#4	>30ml	7.0 Cuffed
70-100	#5	>40ml	7.5 Cuffed
>100	#6	>50ml	

LMA Inflation volume ~ 5ml x size

RESUSCITATION

Paediatric arrests are usually secondary to hypoxia-remember to ensure/check O₂ delivery.

Resistant arrhythmias may require escalation above the doses given below.

ARRHYTHMIAS

Shocked VT/VF
Witnessed with immediate defibrillation can consider 2-4J/kg salvo
• CPR until DC cardioversion (4J/kg) then 2mins CPR
• then 4J/kg & 2mins CPR
• then Adr 0.1ml/kg (1:10,000) & 4J/kg & 2mins CPR
• Amiodarone 5mg/kg & 4J/kg & 2mins CPR
then continue defib every 2 mins and adr every 3 mins.
Consider:
• H's & T's - Reversible causes (see below)
• Magnesium 0.2ml/kg max 10ml iv over 3 mins if polymorphic VT.
• Bicarbonate & Calcium if indicated

EMD

• Asystole/ non-VT/VF arrest: CPR & Adrenaline every 3 mins.
Consider
• H's & T's - Reversible causes (see below)
• Bicarbonate & Calcium if indicated

SVT

• If shocked, DC cardioversion (1-2J/kg)
• If not vagal manoeuvres, adenosine rapid iv
• consider DC cardioversion & amiodarone 5mg/kg over 30 mins

AF

• overdrive pacing, cardioversion (0.5-1J/kg)

JET

• Decrease exacerbators - inotropes, correct Ca²⁺/K⁺
• Decrease O₂ consumption - analgesia/sedation, avoid pyrexia, active cooling 35°C (cold iv fluids, cooling mattress, cold PD cycles)
• Increase O₂ delivery - use Amiodarone to slow rate & A-V sequential pacing when ventricular rate <160, increase Hb

COMPRESSSION-VENTILATION (ILCOR 2010)

	Lone rescuer	Dual rescuer	ETT
Newborn		3:1 c pause	3:1 c pause
Infant	30:2	15:2 c pause	10:1 no pause
Children	30:2	15:2 c pause	10:1 no pause
Adults	30:2	30:2 c pause	10:1 no pause

REVERSIBLE CAUSES EMD (can deteriorate to VF/VT)

H hypovolaemia	T tension pneumothorax	H hypovolaemia:
• Effective eg Anaphylaxis	T amponade	concealed vs effective-
• Absolute eg Haemorrhage	T hemoth/ embolism	Cyanosis with minimal respiratory distress or
H hypoxia (check O ₂ & ETT)	• coronary, pulmonary	response to 100% O ₂
H hypo/ hyper K/ Ca/ Glucose	T oxins/ Tablets	(+/- tachypnoea and shock)
H hypothermia	T earing Aortic dissection	Complications
H hyperinflation (intubated pt.)		bleeding (if 4hr without heparin or FVIIa - need 2nd circuit available)

AETIOLOGY OF CARDIAC INSTABILITY

Preload	Cardiac	Afterload
Absolute	Rate	Decrease
• Hypovolaemia	• VF/ VT/ SVT/ AF/ AFI/ Stokes-Adams	• Sepsis
- Concealed vs Revealed		• Anaphylaxis
		• Regional- sympathetic

DRUGS A - F

IMPORTANT NOTE: To be used as a guide only. Drug doses from RBH/Melbourne/Guy's/Meds for Children/Toronto/GOS guidelines. Whilst all care has been taken in the preparation of this guide, no responsibility will be taken by the authors for the drug doses, which should always be confirmed independently by the prescriber.	
Acetazolamide (Meta Alk) po/v 5-10 mg/kg (up to 250 mg) bd-qds for 1-2 days	
Acetylcysteine Lung Disease: nebul 20% soln 0.1ml/kg (adult 5ml) q6-12h	
Adenosine SVT iv 100 mcg/kg (max 3mg) rapid; increase by 100 mcg/kg/dose to 500 mcg/kg (max 18mg) (300 mcg/kg in neonates) Pulmonary Hypertension: 50 mcg/kg/min into central vein	
Adrenaline Airway obstruction 1:1000 nebul 0.5 ml/kg, to max 6 ml, via neb. Arrest: iv 10 µg/kg (1:10,000 = 0.1 ml/kg). ETT 50-100 µg/kg Anaphylaxis: <not for arrest - IM 1:1000> > 12 yr: 500 µg, 6-12 years: 300 µg, <6 yr: 150 µg Hypotension: iv 10 µg/kg in 10ml (1mcg/kg/ml) incremental LA Adjunct: 5mcg/kg Large volume eg burns 10mcg/ml	
Alfentanil iv 5-10 mcg/kg, ventilated 30-50 mcg over 5/60 then 10mcg/kg prn, 0.5-4mcg/kg/min. 1mg/200mg or 3mg/500mg Propofol TCI	
Alteplase (rtPA) 0.1-0.6 mg/kg/hr for 6 - 12 hrs. keep fibrinogen >100mg/dL (give cryo 1bag/500ml, give heparin 10U/kg/hr IV, give FFP 10ml/kg iv daily. Local IA injection @ 0.05mg/kg/hr. Unblocking line <10kg-5mg/2ml, <10kg-2mg/2ml pre lumen left for 2-4 hrs, withdraw liquid and flush with saline, can repeat once in 24hrs.	
Alimemazine 1 mg/kg/dose q6h, po max 4 mg/kg/day or 100 mg/day	
Amiloride 0.2 mg/kg/dose q12-24h po, >12yr 5-10mg	
Aminocaproic Acid 3g/m2 (adult 5g) over 1hr iv then 1g/m2/hr (adult 1-1.25g/hr). Prophylaxis: 70mg/kg q6h iv/po	
Amiodarone stat 5mg/kg VF/VT, po 4mg/kg q8h wk1, then q12h wk2, then q24h (interacts with warfarin & digoxin-halve dig dose)	
Amitriptyline po 0.5-1 mg/kg (adult 25-50mg) q8h	
Amlodipine po 0.05 mg/kg (adult 2.5-10mg) q24h	
Antithrombin III no. IU = (desired - actual)% x Wt / 1.4 50 U/kg/hr for 3hr then 6 U/kg/hr	
Aprotinin iv (10,000 IU/ml), test dose + 500,000 iku/m2 or 1ml/kg loading then 1-2ml/kg/hour, 2ml/kg in pump	
Atenolol iv 0.05 mg/kg up to 2.5mg, po 1-2 mg/kg/dose q12-24h	
Atracurium iv neonates 0.3-0.5 mg/kg, >1mth 0.3-0.5/kg; ~1/3 repeat dose	
Atropine iv 20 µg/kg, then 10 µg/kg q4-6h, po 40 mcg/kg ~1.3 neostigmine	
Aspirin Anti-platelet po 5 mg/kg q24h Analgesia po 10-15 mg/kg q6h	
Bicarbonate 0.5-1 mmol/kg BE or w/t slow iv (<5kg BE w/t40ml IV/H assoc with hyperosmolar solution)	
Bupivacaine Infiltration 0.8 ml/kg of 0.25% (2 mg/kg), 0.1-0.4 ml/kg/hr of 0.125% up to 15 ml/hr (<5kg - 0.1-0.3 ml/kg/hr)	
Ca Gluconate 10% Bolus 0.5 ml/kg IV, 0.11 mmol/kg (max. 4.4 mmol) slow iv usually over 30 mins incompatible with bicarbonate. Rapid transfusion 0.1ml/kg or infuse	
CaCl ₂ 10% 0.2ml/kg (max 10ml) slow iv	
Caffeine Citrate LD = 20mg/kg, 5mg/kg up to 10mg/kg bd	
Canrenoate iv 3-8mg/kg (adult 150-400mg) od	
Captopril po 0.1-1 mg/kg/dose q8h po (test dose of 0.05 mg/kg)	
Chloral hydrate po/pr 15-30 mg/kg q6h. Max 50 mg/kg 6 hrly. Sedation >45/40 & <5kg - 50 mg/kg, 5-15kg upto 100 mg/kg, 12-18yo 0.5-1g	
Chlorphenamine po Child 6 - 12 years: 5 mg, Child 6 months - 6 years: 2.5 mg, Child <6 months: 250 µg/kg, Adult: 10 mg	
Chorthiazide po 10-20mg/kg po (max 500mg) q12h	
Cis-atracurium 0.1-0.15 mg/kg 1/3 repeat doses	
Clonidine po/sl/wv (test dose 1 mcg/kg) 1-5 mcg/kg/dose q6-8h upto 200mcg; sedation iv 0.5-2 mcg/kg/hr Opioid sparing or to prevent withdrawal: 3-8 mcg/kg tds or infusion 0.3mcg/kg/hr Epidural: 1 mcg/kg, Infusion 1mcg/ml (instead of fentanyl), Rescue/bolus: 2 mcg/kg. Good for caudals, Caution don't use in day cases or <1yr, because can cause hypotension, bradycardia & drowsiness.	
Clopidogrel po 2mg/kg once daily (Max 75mg)	
Codeine po/pr 1-1.5 mg/kg q4h	
Cyclizine iv 1 mg/kg q8h	
Dalteparin P/Laxis: 100/ug od sc; >12 yrs: 2500 - 5000 u od, T'ment (min vol 0.2mls); 100 u/kg q12h sc; >12 yrs: 200 u/kg (max 18000 u) od	
Dantrolene iv 2-3 mg/kg then po/v 4 - 10 mg/kg/day	
dd-APV iv 0.3mcg/kg	
Dexamethasone prevent post-extubation stridor: iv 0.25-0.5 mg/kg stat. then 0.1 mg/kg qdh x 3 doses. Anti-emetic; iv 0.1-0.15mg/kg	
Dextrose iv 0.25 - 1g/kg, HyperK give 1g/kg + 0.1u/kg insulin	
Diazepam iv 0.04-0.2 mg/kg, po 0.2-0.5 mg/kg, 0.4mg/kg	
Diclofenac iv/po/1 mg/kg q8h (Cl - < 6mth, transplants, renal impairment, low platelets, coagulopathy, brittle asthma)	
Digoxin Load: See cBNF. Maintenance: slow iv/po < 5 yrs 5 mcg/kg q12h; >5 years 3mcg/kg q12h	
Domperidone pro-kinetic po 0.2 - 0.4mg/kg (max 20mg) q6-8h	
Entonox C/I Pneumothorax, Intestinal obstruction, severe bullous emphysema. Decompression sickness, Air embolism, Severe pulm HTN, Head injuries with impaired consciousness, Max-Fax injuries, middle ear occlusion	
Ephedrine iv/im 0.1-1mg/kg max up to 60mg	
Erythromycin Pro-kinetic po/v 3mg/kg q6h over 20-60mins	
Etomidate iv 0.3mg/kg	

DRUGS F - S

Fentanyl 2 mcg/kg initially iv bolus (Hypotension with high doses if sympathetic drive) Cardiac up to 50mcg/kg. PCA <50kg: 25mcg/kg in 50ml (1ml = 0.5 mcg/kg) >50kg: 1250mcg in 50mls (1ml = 25mcg)	Temazepam po Preop sedation adolescents & adults 10-20mg
Thiopentone iv 4-6mg/kg, neonates 2mg/kg	Thiopentone iv 4-6mg/kg, neonates 2mg/kg
Flumazenil 1 - 2 mcg/kg then 1-5mcg/kg/hr	Tramadol iv LD = 3mg/kg, iv/po 0.5 - 1mg/kg (max 800mg) q4-6h
Furosemide iv 0.5-5 mg/kg/dose 6-24 h iv/po, 0.1-0.3mg/kg/hr (max 1mg/kg/hr)	Tranexamic Acid CPB 50-100mg/kg to pt and pump then 10mg/kg/hr 10-15 mg/kg q8h, Adult 1-2g then infusion
Glycopryrolate po 40-100mcg/kg q6h. iv/lm 4-10mcg/kg/dose (max 200mcg) q6h	Triclofos po Sedation >45/52 < 15kg - 50-75 mg/kg upto 1g, >15kg 100 mg/kg max 2g
Heparin CPB iv >300 U/kg (neonates 400U/kg) Anticoagulation load: iv 75 units/kg, Initial maintenance <1 year: 28 units/kg/hr for 1 year: 20 units/kg/hr iv	Vecuronium iv 0.1 mg/kg/dose, repeat doses 30-50mcg/kg, infusion 1-10mcg/kg/min

DRUGS T - Z

Fentanyl 2 mcg/kg initially iv bolus (Hypotension with high doses if sympathetic drive) Cardiac up to 50mcg/kg. PCA <50kg: 25mcg/kg in 50ml (1ml = 0.5 mcg/kg) >50kg: 1250mcg in 50mls (1ml = 25mcg)	Amikacin* (iv) <2 kg <4/52: 10 mg/kg 24hrly, T+P Levels: Trough < 5mg/L Peak = 20-30mg/L (P needed for doses <20mg/kg)
Thiopentone iv 4-6mg/kg, neonates 2mg/kg	Tramadol iv LD = 3mg/kg, iv/po 0.5 - 1mg/kg (max 800mg) q4-6h
Flumazenil 1 - 2 mcg/kg then 1-5mcg/kg/hr	Tranexamic Acid CPB 50-100mg/kg to pt and pump then 10mg/kg/hr 10-15 mg/kg q8h, Adult 1-2g then infusion
Furosemide iv 0.5-5 mg/kg/dose 6-24 h iv/po, 0.1-0.3mg/kg/hr (max 1mg/kg/hr)	Triclofos po Sedation >45/52 < 15kg - 50-75 mg/kg upto 1g, >15kg 100 mg/kg max 2g
Glycopryrolate po 40-100mcg/kg q6h. iv/lm 4-10mcg/kg/dose (max 200mcg) q6h	Vecuronium iv 0.1 mg/kg/dose, repeat doses 30-50mcg/kg, infusion 1-10mcg/kg/min

INFUSIONS

Drug	Range	Preparation
(Non)Adrenaline *Use Dex 5%	0.01 - 0.5 µg/kg/min	0.3 mg/kg in 50 ml (up to 5mg) - 1ml/hr= 0.1 µg/kg/min Peripheral 30 µg in 50 ml until CVL
Dopamine	2 - 20 µg/kg/min	15 mg/kg in 50 ml (up to 250mg) - 1ml/hr= 5 µg/kg/min Peripheral 80 µg in 50ml, then: 0.375 ml/kg/hr = 10 µg/kg/min
Dobutamine	2-20 µg/kg/min	15 mg/kg in 50 ml (up to 250mg) - 1ml/hr= 5 µg/kg/min >15kg: 250µg in 50ml, then: 1 µg/kg/min = 0.012 x wt(kg) ml/hr
Enoximone	LD - 1 mg/kg in 30ml "Use Water"	15 mg/kg in 50 ml - 1ml/hr = 5 µg/kg/min
Isoproterenol	0.005 - 0.02 µg/kg/min	30 µg/kg in 50 ml - 1ml/hr = 0.01 µg/kg/min
Milrinone	LD = 50 µg/kg in 30min	10mg in 50 ml, then: 0.33 µg/kg/min = 0.1 x wt(kg) ml/hr
Vasopressin	0.0003 - 0.004 UI/kg (Argipressin)	1.5 units/kg in 50 ml (up to 20 U) - 1ml/hr = 0.0005 units/kg/min
Mannitol 20%	iv 0.25-1.5g/kg/dose (= 1.25-7.5 ml/kg/dose)	
Methylpredone	Anaphylaxis 2 mg/kg, neuroprotection iv 30mg/kg	
Apronitin	iv 10 (000 IU/ml), test dose + 500,000 iku/m2 or 1ml/kg loading then 1-2ml/kg/hour, 2ml/kg in pump	
Atenolol	iv 0.05 mg/kg up to 2.5mg, po 1-2 mg/kg/dose q12-24h	
Atracurium	iv neonates 0.3-0.5 mg/kg, >1mth 0.3-0.5/kg; ~1/3 repeat dose	
Atropine	iv 20 µg/kg, then 10 µg/kg q4-6h, po 40 mcg/kg ~1.3 neostigmine	
Aspirin	Anti-platelet po 5 mg/kg q24h Analgesia po 10-15 mg/kg q6h	
Bicarbonate	0.5-1 mmol/kg BE or w/t slow iv (<5kg BE w/t40ml IV/H assoc with hyperosmolar solution)	
Bupivacaine	Infiltration 0.8 ml/kg of 0.25% (2 mg/kg), 0.1-0.4 ml/kg/hr of 0.125% up to 15 ml/hr (<5kg - 0.1-0.3 ml/kg/hr)	
Ca Gluconate 10%	Bolus 0.5 ml/kg IV, 0.11 mmol/kg (max. 4.4 mmol) slow iv usually over 30 mins incompatible with bicarbonate. Rapid transfusion 0.1ml/kg or infuse	
CaCl ₂ 10%	0.2ml/kg (max 10ml) slow iv	
Caffeine Citrate	LD = 20mg/kg, 5mg/kg up to 10mg/kg bd	
Canrenoate	iv 3-8mg/kg (adult 150-400mg) od	
Captopril	po 0.1-1 mg/kg/dose q8h po (test dose of 0.05 mg/kg)	
Chloral hydrate	po/pr 15-30 mg/kg q6h. Max 50 mg/kg 6 hrly. Sedation >45/40 & <5kg - 50 mg/kg, 5-15kg upto 100 mg/kg, 12-18yo 0.5-1g	
Chlorphenamine	po Child 6 - 12 years: 5 mg, Child 6 months - 6 years: 2.5 mg, Child <6 months: 250 µg/kg, Adult: 10 mg	
Chorthiazide	po 10-20mg/kg po (max 500mg) q12h	
Cis-atracurium	0.1-0.15 mg/kg 1/3 repeat doses	
Clonidine	po/sl/wv (test dose 1 mcg/kg) 1-5 mcg/kg/dose q6-8h upto 200mcg; sedation iv 0.5-2 mcg/kg/hr Opioid sparing or to prevent withdrawal: 3-8 mcg/kg tds or infusion 0.3mcg/kg/hr Epidural: 1 mcg/kg, Infusion 1mcg/ml (instead of fentanyl), Rescue/bolus: 2 mcg/kg. Good for caudals, Caution don't use in day cases or <1yr, because can cause hypotension, bradycardia & drowsiness.	
Clopidogrel		